

The "It" Bike

Biking is en vogue. Don't let your pal pedal the streets on a plain old

Schwinn City IG3 This adorable eggplant-colored urban roadster has a rear rack built into the frame, ideal for shuttling groceries. The three-speed also comes with a comfy saddle and fenders. (A guy-friendly counterpart bike is also available.) \$680, www.schwinnbikes.com



Nutcase Helmet ▶

There are no excuses for not wearing this cute (and safe) helmet that comes in colors (Gold Sparkle!) to match every bike frame—and outfit. \$55, www.adelineadeline.com

Zobha Yoga Boyshort Panty
Featured in Well + Good
Holiday Gift Guide 2011



Five Fitness Finds Under \$25

Need something for your fitness boot-camp buddy, a yoga-practicing coworker, or your snowboarding brother-in-law? These are pretty and practical.

- 1 **Zobha Boyshort.** Yogis swear by these whisper-light undergarments because they're seamless, which is key for no visible panty lines. \$18, www.zobha.com
- 2 **Gaiam Inflatable Bolster.** A restorative prop for an overworked New Yorker to wind down at home. Deflates for closet-friendly storage. \$25, www.gaiam.com
- 3 **Athleta Pilayo Braid Headband.** The braided texture holds it in place (and looks super cute), while the absorbent fabric fights sweaty-bangs syndrome. \$12, www.athleta.gap.com
- 4 **Burton Touchscreen Liner Glove.** Change the song or check a voicemail while on a winter run without risking frozen fingers. They come in six plain to funky patterns, like this Sumo one. \$17.95, www.burton.com
- 5 **WaterGeeks Bottle.** A filter is built into the lid of this 24-ounce stainless steel bottle. Great for refilling from the water fountain at the gym. \$24, www.thewatergeeks.com