



Trust us: You'll live in **Norma Kamali Terry Shawl Collar Coat**, made from French terry. Choose from black and grey heather (\$485; [normakamali.com](http://normakamali.com)).



**Nixxi Cropped Sash Coat**, made from organic wool and lined in silk, is worth the splurge. The figure-flattering and fashion-forward topper comes in black, blueberry or heather grey (\$430; [nixxi.ca](http://nixxi.ca)).



**Three Dots Heather Grey Stripe Double-Layer Top** comes in nine pretty hues: black, blaze, deep violet, navy, off white, rosy pink, sagebrush, tropic breeze and white (\$98; [shopthreedots.com](http://shopthreedots.com)).



**Zobha Cowl Neck Hoodie** featured in *Pilates Style*, February, 2011

**Ugg Australia Knit Cashmere/Wool Avenal Sweater** is perfect to wear from the studio to lunch. Choose from chocolate, black, sand and soot (\$375; [uggaustralia.com](http://uggaustralia.com)).



**Moving Comfort Flow Jacket** features mesh ventilation to keep you dry and thumb loops to shield your hands (\$75; [movingcomfort.com](http://movingcomfort.com)).

Perfect over lean leggings, **Zobha Cowl Neck** is made from eco-friendly Tencel and stretchy Spandex. Available in hollyhock, midnight blue and black (\$90; [zobha.com](http://zobha.com)).  
—Amanda Altman

